



What to expect when a loved one is receiving temporary care



Life in colour

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What to expect from temporary care

Organising temporary care for yourself or a loved one can be an overwhelming process to go through. There are a lot of important decisions to make, and often, these have to be made quickly and with a sense of urgency.

We know how challenging this process can be, especially if it's your first experience with care, so we've put together a helpful guide on what you can expect when you or a loved one is receiving temporary care.

What is temporary care?

Temporary care, or respite care, is when someone moves into social care for a temporary period. Usually, temporary care lasts only a few weeks and acts as a short-term solution to an emergency or sudden need for care. There are many different reasons why a person may need temporary care, including:

1. As a result of an emergency

Emergencies are one of the most common reasons for moving into temporary care. This could be anything from a sudden decline in health that requires urgent care, to extra support following a recent stay at the hospital.

2. To give their carer a break from full-time care

Sometimes, carers need a break too. Temporary care offers short-term respite for carers in need of more support. For example, some residents stay with us for one week every month to give their carers a break from caring full-time.

3. To trial care before moving in full-time

Respite or temporary care can also be a great way to experience life in full-time care before deciding whether or not to make a permanent move into care.



Moving into temporary care at Borough Care

The process of moving into temporary care at Borough Care is the same as moving into permanent care, starting with a care needs assessment. Even though your care will be temporary, we need to be certain we can provide the care you need before we move forward with the process.

So, whether you or your loved one is in the hospital or at home, we'll visit as soon as we can and assess your needs.

One

1. Getting to know you

To start your assessment, we'll sit down with you and your loved one to get to know you both. This is a great way to help us understand what you're looking for from your temporary care.



Two

2. Understanding your care needs

From here, we'll ask a few questions about your physical and personal care, any medication you're taking and what well-being support you have in place.



Three

3. Organising your move into care

Once the care assessment is complete, and we've determined whether we can offer the care you need, we'll suggest a move-in date and go from there.

Four

4. Building your unique temporary care plan

We pride ourselves on offering person-centred care individually tailored to each resident. Before you move into temporary care, we'll work with you to build a unique temporary care plan tailored to your needs.



What happens after temporary care?

Usually, temporary stays at our homes will last for two weeks, at which point we'll speak to you about your next steps. It may be that after a few weeks, we decide together that permanent care is the best option for your long-term care needs.

Depending on your situation, and your loved one's care needs, you may choose to opt for more temporary care, permanent care or to care for them yourself. No matter what you decide, we'll be there to support you to make the best choice for you and your loved one.

Choose the care home for you

Need more help choosing the right care home for you or a loved one?

Our team is here to help. Reach out to us at enquiries@boroughcare.org.uk or call us on 0161 475 0140 for advice and support.



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