



### Contents

- 4 About your chosen home
- 5 About Borough Care
- 7 How we care at Borough Care
- 9 How we live 'Life in Colour'
- 11 Colour on a plate
- 13 Celebrations, socials and adventures
- 15 Choosing the right home
- 17 Our admissions process
- 19 Stockport home fees
- 20 Notes



### Shepley House

Shepley House is a 43-bed care home located in a residential area of Hazel Grove. Its highly-trained team are experts in caring for those living with dementia.

A calming indoor garden and a memorabilia area are some of the residents' favourite places to relax. There are also multiple cosy lounges where the residents can enjoy tea and cake. If the sun is out, Shepley House also has a very large garden with a patio for residents to sit and socialise.



Digital Care System
Coffee Lounge
On site hairdressing
WiFi & Echo Dot
Access to kitchen facilities
On site podiatrist
Bespoke menu planning
Weekly outings
Large, secure garden

Good access to public transport Activities & Games Memorabilia spaces Summer House Indoor sensory Garden









#### Hear from our families

64

My adorable mum spent the last few months of her life at Shepley House. I visited her every day and couldn't have been happier with the excellent management and amazing carers at this home. Nothing was too much trouble. I will always be eternally grateful for your warm, friendly and caring nature, not to mention the professionalism with which everyone carries out their duties. The rooms and communal areas are spotlessly clean. There is a heart-warming warmth as soon as you walk in. Every one of the staff know how happy my mum was, so once again thank you all so much you are true superstars.

-Mark W (Son of Resident)

### About Borough Care

Borough Care is one of the largest providers of residential care and dementia services for older people across Stockport and Staffordshire.

For over 30 years, our ten Stockport care homes have provided an exceptional approach to caring for our wonderful residents.

We know that no two people are the same, so there can never be one single care solution to suit everyone. Through our specialist dementia and residential care, we offer support that exceeds the unique needs of each resident and their family.

As a not-for-profit organisation, we reinvest any surplus money into the services we offer. We are committed to



providing the highest quality of care, with plenty of opportunities to flourish and have fun along the way. So, you can relax knowing that everything we do is to serve the best interests of our residents and their families.

We employ over 700 members of staff across our across our services. Each member of our team has a vital role to play in the delivery of outstanding services. Our loyal, skilled, and motivated workforce all strive to deliver high quality, personalised care with the ambition to be better every day.







# How we care at Borough Care

We pride ourselves on our flexible approach to caring for our residents.

We have over 20 years' experience in supporting people with a wide range of needs and understand the uniqueness of each individual and their families.

We know that choosing a care home is a big decision and you need to know that essential care needs are met. That is why we work with our residents and their families to ensure that every person in our care has a Personal Support Plan. This means looking in detail



at what is important to the individual.

We use state-of-the-art, digital systems to evidence our care in real time; document health and medication data; record what your loved one eats and drinks; and note the highlights of their social life. Using their handheld devices, our teams can quickly and easily evidence the care they are giving, allowing them extra time every day to spend with the people they care for.





### How we live Life in Colour

Across our homes, our mission is to create environments where older people can stay well and live 'Life in Colour'.

We fundamentally believe that everyone should be encouraged, empowered and supported to live their best possible life, whatever their health or capabilities.

Our whole approach, embraced by our fully-trained staff, is to encourage every resident to live the most fulfilled and valuable lives, focused on quality relationships for the well-being and happiness of all those who choose to live with us, and their families.

We have strong ties to the local community and partnerships with others who help extend our range of services.

We have regular visits from hairdressers, aromatherapists, nail technicians, masseuses, local faith groups, mobile libraries, etc. But the highlights of many residents' weeks are the huge range of activities, exercise and excursions planned to add a daily dose of fun and stimulation: it can be a simple game of chair basketball; visits from local schools; a session of Kung Fu squash; or trips to the zoo, parks, or seaside!







### Colour on a Plate



We are passionate about ensuring that our residents leave each meal time feeling satisfied.

For so many of us, our daily lives revolve around food — we wake up thinking about what we are going to have for breakfast, lunch, and dinner to help us through the day and give us something to look forward to. We are firm believers that meals don't need to be boring, and we are passionate about ensuring that our residents leave each mealtime feeling satisfied.

Our partnerships ensure that we cater for their specific and individual needs. This could mean vegans and vegetarians, those with allergies, or residents who cannot eat independently. The Catering Team strives to make personalisation key and introduced four-week menu cycles, which are different in each home, and change depending on preferences.

The Catering Team also works closely with each care home's Activity and Lifestyle Facilitator to shape menus around events, including their weekly buffets, which are run at every home. They design menus around the various event themes and get the residents involved. Previous events have been themed around Greek cuisine, cheese and wine (served in a rustic, farmhouse style) and the circus.





## Celebrations, socials and adventures

Our residents love to get out an about – either as a group or as individuals.

We appointed an Activity Lifestyle Facilitator (ALF) in every home. Their job? To help enrich the social life of the residents. ALFs are like social butterflies and event managers all rolled into one. They really get to know each resident to ensure everyone can experience enjoyable moments every day. It may be as simple as an afternoon stroll for a coffee or to the local shop.

ALFs love planning parties and events, including Christmas, Eid, St Patrick's Day and lots more.

Relatives can expect to receive lots of invites to get togethers for Mother's

and Father's Day, Christmas, birthdays, Halloween and lots more!

Finding out about a resident's character, interests and life story is the basis of effective communication and part of the ALFs role is to develop meaningful environments around a home to stimulate interaction, encourage eating or help direction.

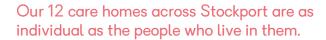
Our residents love to get out an about – either as a group or as individuals. Previous trips have included football matches, the cinema, Knowsley Safari Park, Blackpool Tower and lots more.







### Choosing the right care home



Each home is a safe space for our residents to relax, feel safe and belong.

Each home is designed as a unique small 'household' – a cluster of bedrooms revolving around their own lounge and dining area. This layout is particularly helpful for people living with dementia due to recognisable cues for orientation.

Borough Care homes are built to allow residents to live their lives to the fullest, complete with hair salons, bistros, pubs and cinema rooms!

Choosing the right care home will depend on many factors such as the location and the facilities available.

Our team can help you choose the right home for your loved one.

Call us on 0161 475 0140 or email us at enquiries@boroughcare.org.uk



### Our Admissions Process

A member of our team will then greet you both on arrival, give you a tour of the home, and help you settle into your new space with ease.

On moving-in day, we do everything to ensure that you and your loved one have a smooth, positive experience.

A member of our team will greet you both on arrival, give you a tour of the home, and help you settle into your new space with ease.

Your new room will be filled with welcoming treats, food and drink, and other essentials that are personal to you.



Putting extra effort into creating personalised spaces for our residents makes all the difference when it comes to moving in, so we always make sure to decorate your space to your personal preferences.

Of course, we're sure you'll have a few of your own personal items with you to make your space feel special too.







#### Stockport home fees

Care home	Standard *Per week	Ensuite *Per week	Premium *Per week
Bamford Close	£1,053		
Bruce Lodge		£1,212	£1,275
Bryn Haven	£1,011	£1,043	
Cawood House	£957	£983	
Lisburne Court	£988	£1,020	£1,085
Meadway Court	£988	£1,020	
Reinbek	£1,020	£1,084	£1,147
Shepley House	£1,020	£1,053	
Silverdale	£1,002	£1,028	£1,084
Wellcroft	£1,085	£1,116	



### Notes





To book a visit; spend time with our residents; talk to staff; and see how we choose to live 'Life in Colour' reach out to our team at shepleyhouse@boroughcare.org.uk or call 01625 874 711

#### Shepley House

Eyam Road Hazel Grove Stockport SK7 6HP